

# Talking with families

A supportive school can help



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Gender Inclusive Schools

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**It can be scary for young people to talk to their families about their gender identity. A school that is supportive of transgender, non-binary and gender exploring students can help young people take on this challenge and feel less alone.**

**This is why a supportive school is so important.  
Here is an example of what this might look like:**

Rhian is transgender and is really worried about telling her parents about her gender identity because she does not think that her parents will understand and might be angry. Mr. Jones has given Rhian some postcards with links to information for her parents about transgender terms and what they mean as well as the school policy and how the school is supporting students who are transgender, non-binary or gender exploring. Rhian takes these home and gives them to her parents.



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